



Cambodia Adventure

11 – 21 January 2021

- Khmer Rouge Historical Sites
- Hiking in the Cardamom Foothills
- Battambang Community Project
- Angkor Wat Tour

KEGA
ADVENTURES

Travel Experiences that Make a Difference

Experience the Best of Cambodia

We begin in Phnom Penh and explore some of the historical monuments before moving to the western mountains and settling into our homestay in the village of Chi Pat. From here we immerse ourselves in nature for 3 full days, trekking along recently opened tracks through a wilderness that is renowned for its biodiversity. After this, we travel to Battambang, in the north, to work on a sustainable community project for 4 days. Finally, we make our way to Siem Reap to spend our last day visiting the 7th Wonder of the World, Angkor Wat.



Project Phase

All of our expeditions include a project phase in which our teams spend a few days working alongside local partners to complete a project that supports the community or environment.

In the past our teams have created sustainable vegetable gardens, built chicken pens, pig sheds and even helped to build a home for a family. On this occasion, we will be working with some families to clear an area of disused land and convert it into a community allotment space.



Your Leader

This expedition will be led by Tom Battye, who has led over 40 international expeditions in the past 20 years. This has involved living in the jungle of Belize for 9 months, snow tracking wolves in Poland, camel trekking in the Sinai desert, renovating a Tibetan monastery in Nepal and building brick ovens in Vietnam.

All Keba expeditions are led by highly experienced UK-based expedition leaders, supported by local guides and trekking agencies, providing you with the maximum level of safety and support.



Detailed Itinerary

Arrive - Phnom Penh – Independent Travel

Fly in to Phnom Penh and explore the capital city in your own time. The authentic riverside cafés are the perfect place to recover from your flight. You may also enjoy watching the sunset over the city on an evening boat cruise on the Mekong River. Make your own way to the hotel.

Day 1, Phnom Penh - Killing Fields and Palaces

The trip begins after breakfast at the hotel. After a morning briefing, we head out for a day of site seeing and exploration. The Khmer Rouge genocide sites have now become historical monuments and memorials to nearly 2 million people killed in the 1970s. Visiting these mass graves is a powerful and educational experience. We will also spend time in the Royal Palace and other sites around Phnom Penh.



Days 2 – 5, Chi Pat - Homestay

We travel to a remote village in the foothills of the Cardamom mountains, Chi Pat. Here, we'll stay in the homes of some local families and experience the simplicity of life in this small, rural community.

From Chi Pat, a network of trails weaves in and out of the forest. We'll spend 3 days exploring these routes through the lush countryside and jungle, returning to our homestay each night.

The Cardamom mountains are rich in flora and fauna and are home to many endangered species. This area is one of the last remaining elephant corridors in the country, we will often cross their tracks and perhaps see them migrating to the coast.



Days 6 – 10, Battambang - Project

We move north, passing through Udon, capital of the Khmer kingdom from 1618-1866, to Battambang, Cambodia's bustling and friendly, second largest city. Here we spend 4 days working on a project. In the past our teams have created sustainable vegetable gardens, built chicken pens, pig sheds and even helped to build a home for a family.

There are many additional reasons to visit the Battambang region; some highlights include the monasteries, the bamboo railway and the formidable display of bats which pour out of the cave-ridden mountain, Phnom Sampeou at dusk.



Day 11, Siem Reap - Angkor Wat

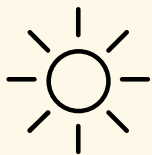
Finally, we make our way to Siem Reap and Angkor Wat which UNESCO describes as one of the most important archaeological sites in South-East Asia. We'll spend a full day looking at the well-preserved art and architecture of the capital cities of the Khmer empire, dating between 9th and 15th centuries.

Day 12, Siem Reap and Travel

Sunrise against the silhouette of the temples is an unforgettable way to conclude our journey together, which ends after breakfast today.



Other Information



Weather

This trip falls in Cambodia's dry season, which runs from October to April. We can expect an average temperature of 27°C and relatively clear skies most of the time. The temperature at night will fall to around 22°C.



Level of difficulty

The trekking element of this trip is not technical. However, walking in hot, humid conditions over uneven ground can be hard work. You should be able to walk for between 4 - 7 hours a day in these conditions. A good level of physical fitness will make this much easier.



Accommodation

Where possible we choose locally owned and comfortable hotels/guest houses over foreign owned luxury hotels. Rooms may be twin or triple, unless you select the single supplement. During the trekking phase in Chi Pat, we'll share space with each other and local families in 'homestays'.



Culture

Cambodia's culture has evolved over almost two millennia incorporating Buddhism, Hinduism and animism. The Golden age of Cambodia was between the 9th and 14th century, during the Angkor period, during which it was a powerful and prosperous empire.



Spending Money

We think that £300 should be enough to cover your personal expenses. If you expect to buy considerable quantities of soft drinks and beer you should budget accordingly. This amount should also cover the visa charges for Cambodia and any tips for your local guides, drivers and boatmen.



Group Size

This trip will go ahead if we have 8 or more bookings confirmed by the end of September 2020. The maximum group size is 16. When 8 or more individuals are registered, then the status of the trip will change from 'Available' to 'Guaranteed to Run'.



Visa

UK passport holders do require a visa to enter Cambodia. The visa fee is \$30 and is obtainable on arrival. Payment must be made in cash. You can apply for an e-visa prior to departure online at <https://www.evisa.gov.kh/>. The e-visa fee is \$30 + \$7 processing charge. This e-visa is not valid at certain land border crossings, please check.



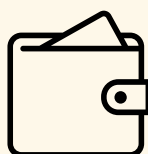
Flights

Once you have booked your flight, please email info@keba-adventures.co.uk with your flight arrival and departure information so that we know when to expect you.



Insurance

Please book your own travel insurance at the time of registration. You may already have suitable cover with your home insurance or bank account. If not, then we recommend Campbell Irvine.



Costs and Inclusions

The cost of the trip is £1800 which includes all food, drinking water, transport and accommodation from 9am on Day 1 to 9 a.m. on Day 12. Other drinks (alcoholic or otherwise) are not included.



Reserve your place

You can reserve your place on this trip via the [booking page](#) on our website. Initially, you will be asked to pay a deposit of £200. Following this you may choose to pay the remaining balance all at once or in monthly instalments, ensuring that the total amount is paid no less than two months prior to the departure date.